

Spa & Gym Price List

Full-service Aveda Concept Spa and Gym at Sugar Ridge open from 8am Monday through Saturday, closed Sunday
Spa treatments start at 10am Last appoint. taken at 3:30pm

Gym open from 6 am to 8 pm Monday through Sunday and Public Holidays
Spa direct dial 1-268-484-3701
Sugar Ridge Hotel 1-268-562-7700

Email: spa@sugarridgeantigua.com
Website: sugarridgeantigua.com

Prices exclude applicable taxes

Hair Services

Shampoo & Blow Dry from US\$41
Shampoo, Cut & Blow Dry from US\$69
Shampoo & Cut from US\$46
Highlights;
~ Full Head from US\$150
~ Half Head from US\$104
~ Partial from US\$138
Root Colour from US\$138
Root Colour Full Head from US\$125
Glossing from US\$43
Deep Conditioning Treatment from US\$29
Gents Hair Cut from US\$29
Boy’s Dry Cut from US\$23
Girl’s Dry Cut from US\$23
Bridal Hairstyle from US\$70
Bridal Make-up from US\$46
Full Head Braids from US\$81
Half Head Braids from US\$58
Single Braid from US\$4

Waxing

Eyebrows US\$15
Brow Design US\$22
Upper Lip US\$15
Chin / Cheeks US\$22
Underarms US\$30
Full Arms US\$50
Half Arms US\$30
Full Legs US\$85
Half Legs US\$57
Bikini Line from US\$43
Brazilian from US\$85
Back/Chest from US\$71

Facial Treatments

30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Dual Exfoliation Treatment – The Dual Exfoliation Treatment is Aveda’s latest advancement in non-invasive, skin renewing treatments. Using innovative techniques, this treatment combines Aveda’s naturally derived mechanical and biochemical exfoliation methods into one powerful service that transforms and rejuvenates the skin through the process of dual exfoliation. In a clinical study, the Dual Exfoliation Treatment achieved better results than a combined microdermabrasion / 30% glycolic peel treatment in both immediate smoothness and radiance, plus significantly better results in smoothness, radiance and skin tone one week later. Experience the rejuvenating power of plants and minerals to help skin to look and feel its best. 75 minutes US\$150

Botanical Kinetics™ Energizing Eye Treatment – See your eyes come alive with the vital energy of plants and massage movements inspired by ancient healing. Botanical Kinetics™ Energizing Eye Creme revitalizes eyes by helping reduce the appearance of under eye circle and puffiness with licorice root and coffee bean extracts. Gentle activation of specific energizing pressure points helps energize the look of skin around the eyes. 30 minutes starting from US\$65
Add on starting from US\$30

Restorative Eye Therapy – Refresh and renew your eyes with an Ayurveda inspired treatment that combines the botanical benefits of Green Science™ Line Minimizer and Firming Eye Creme to help skin boost its natural collagen production and reduce the appearance of lines and wrinkles, puffiness and under eye circles. This soothing, restorative experience for eyes includes Aveda’s revolutionary marma eye massage to help relieve tension and visibly revitalize the skin around the eyes. 30 minutes starting from US\$65
Add on starting from US\$30

Botanical Skin Resurfacing Treatment – Aveda’s botanical alternative to microdermabrasion reveals a truly radiant complexion and smoother skin, without irritation or redness. 30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Nails

Elemental Nature Manicure – Customized care for your hands includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation and a treatment masque. 45 minutes US\$55 | 60 minutes US\$85

Elemental Nature Pedicure – Customized care for your feet includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation and treatment masque. 45 minutes US\$55 | 60 minutes US\$85
French Polish / Polish Change – Add US\$10 to \$20

Stress Fix Manicure – Clinically proven to relieve feelings of stress, the stress fix aroma with lavender, lavandin and clary sage is incorporated throughout this manicure to calm and rejuvenate you. 45 minutes US\$65 | 60 minutes US\$95

Stress Fix Pedicure – Clinically proven to relieve feelings of stress, the stress fix aroma with lavender and clary sage are incorporated throughout this pedicure to calm and rejuvenate you. 45 minutes US\$65 | 60 minutes US\$95

Shampure™ Manicure or Pedicure – Go above and beyond your basic manicure/pedicure with an experience that cares for your hands, feet and nails and treats your senses to Aveda’s signature Shampure™ Aroma featuring 25 flower and plant essences, including certified organic bergamot, lavender, lemon, petitgrain and ylang ylang.
Shampure™ Manicure
45 minutes US\$65 | 60 minutes US\$95
Shampure™ Pedicure
45 minutes US\$65 | 60 minutes US\$95

Hand Relief™ Renewal Treatment – This 15 minute add on experience rejuvenates and renews the look and feel of hands, which is one of the first areas to show signs of aging. Incorporating a masque and massage techniques, this treatment features new Hand Relief™ Night Renewal Serum and Aveda’s bestselling Hand Relief™ Moisturizing Creme. 15 minute add on US\$20

Beautifying Hand Therapy – Incorporates the beautifying therapy masque and massage techniques. 30 minutes US\$50 | 60 minutes US\$70

<p>Client Care & Health Consideration: You will be asked to complete a small questionnaire, with an insight into your current medical status. Protect your modesty, and disrobe only to your level of comfort.</p> <p>Reservations and Cancellation: Reservations are recommended to facilitate your preferred time. Reservations canceled with 24 hours will not be changed. Cancellations made within 2 hours and no shows will be charged the full price of the reserved treatment.</p> <p>Arrival Time: we ask that you arrive 15 minutes prior to the time of your appointment. Please note that if you arrive late, then your treatment time will be modified and the full price charge.</p> <p>Rescheduling: Rescheduling a treatment within 4 hours of the due time will incur a 25% charge of the reserved treatment. Rescheduling within 2 hours will incur the full charge.</p> <p>Aveda Concept Spa Etiquette: Please give due consideration to other members and guests of Aveda Concept Spa. We ask that noise levels are kept to minimum and that all cellular phones be switched off or ring tones switched off. We encourage a non-smoking environment in the Aveda Concept Spa.</p> <p>Valuables: Aveda Concept Spa accepts no responsibility for valuables. Sale Tax: Prices are subject to 15% Antigua & Barbuda sales tax.</p>

Elemental NatureSM Facial – A customized facial based on your skin’s specific needs, as revealed by Aveda’s signature Elemental NatureSM Questionnaire. From dry to sensitive to oily skin, you’ll experience a truly personalized treatment for the skin. 30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Enbrightenment™ Discoloration TreatmentSM – Traditional Asian massage techniques combine with Aveda’s 100% naturally derived** brightening blend to help diminish the appearance of dark spots and improve skin’s visible clarity. 30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Green Science™ Skin Renewing TreatmentSM – Unique, rejuvenating manipulations enhance the powerful plant technology of Aveda’s Green Science™ system, which is clinically proven to lift and firm skin while reducing the appearance of fine lines and wrinkles. For ultimate customization, choose your area of focus: eyes, lips or neck and décolleté. 30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Outer Peace™ Acne Relief Treatment – A botanical approach to treating acne, personalized with extractions and professional exfoliation, that utilizes Aveda’s Outer Peace™ system powered in part by 100% naturally derived** salicylic acid. 30 minutes starting from US\$90
60 minutes starting from US\$120
90 minutes starting from US\$150

Perfecting Plant PeelSM – Powered by plants, Aveda’s Perfecting Plant PeelSM system performs like a 30% glycolic peel, naturally and without the redness and irritation. The Perfecting Plant PeelSM can be performed as a standalone 30-minute treatment or added to any signature facial treatment. 30 minutes starting from US\$100
Add on starting from US\$50

Tourmaline Radiance Botanical Skin Resurfacing – Aveda’s botanical alternative to micro dermabrasion reveals a truly radiant complexion and smoother skin, without the irritation or redness. 30 minutes US\$106

Beautifying Foot Therapy – Incorporates the beautifying therapy masques and massage techniques. 45 minutes US\$77 | 60 minutes US\$91

French Pedicure – US\$78

Chakra Balancing Foot Treatment – Incorporates the Chakra Balancing Mists and also a Chakra Foot Reflexology massage. 45 minutes US\$93 | 60 minutes US\$120

Body Treatments

60 minutes starting from US\$120
90 minutes starting from US\$160

Body Polish – Utilizing a customized Aveda exfoliation formula, this spa experience exfoliates and moisturizes skin, leaving it feeling soft and smooth. 60 minutes starting from US\$120
90 minutes tarting from US\$160

Rosemary Mint Awakening Body Wrap – Renew the body and mind with a revitalizing, dry body wrap that cools and stimulates with essences of rosemary and peppermint. Skin is smoothed and softened while the senses are awakened. 60 minutes starting from US\$120
90 minutes starting from US\$160

Beautifying Body Wrap – The Beautifying Body Wrap is a warming, detoxifying, seaweed body wrap treatment featuring the uplifting aroma of Aveda’s Beautifying body care products. The treatment includes a dry exfoliation, seaweed body masque, scalp and face massage and foot reflexology treatment. 60 minutes starting from US\$120
90 minutes starting from US\$160

Beautifying Body Treatment – A rejuvenating nurturing body treatment that uses the healing touch as well as ingredients to create inner calm and renew the body and senses. Treatment begins with a dry exfoliation followed by a smoothing, detoxing seaweed masque and wrap. 75 minutes US\$131

Essential Back Treatment – The hard to reach area of your back is tended to during this deep cleaning masque and massage. Shoulders, neck and back are purified and refined to ensure well cared for skin all over. 60 minutes US\$120

Massage

Chakra™ Balancing Massage – A massage experience to balance the chakra energy system that utilizes deep tissue massage, foot reflexology, energy work and a guided meditation, all infused with Aveda’s Chakra™ Balancing Blend Aromas. 30 minutes starting from US\$80
60 minutes starting from US\$140
90 minutes starting from US\$200

Elemental NatureSM Massage – A customized massage experience based on Aveda’s Elemental NatureSM philosophy and your favorite Aveda aroma. Depending on your needs, a variety of massage techniques are utilized, including Swedish, deep tissue and pregnancy massage; accupressure; and foot reflexology. 30 minutes starting from US\$80
60 minutes starting from US\$140
90 minutes starting from US\$200

Fusion Stone Massage – This full body massage incorporates the use of warm stones, which leaves your muscles relaxed. It stimulates blood circulation, removes blockage and release stress. 30 minutes starting from US\$80
60 minutes starting from US\$140
90 minutes starting from US\$200

Back, Neck and Shoulder Massage – Focusing on these key places to help de-stress and relaxes, to increase blood flow and circulation. 30 minutes US\$80
45 minutes US\$95

Stress-Fix™ Body Massage – Proven to relieve feelings of stress, the Stress-Fix™ aroma features lavender, lavandin and clary sage and is incorporated throughout a body massage that is designed to calm and rejuvenate you with Swedish and deep tissue techniques, foot reflexology, acupressure and a guided meditation. 30 minutes starting from US\$80
60 minutes starting from US\$140
90 minutes starting from US\$200