

The Brain

Soup of the Day Vegetarian US\$ 7.00
organic local vegetables & parmesan bread sticks

Cheesy French Fries US\$11.00
with bacon bits, sour cream & chives

Spinach & Artichoke Dip US\$ 9.20
with parmesan breadsticks

Crudités Vegetarian US\$ 9.00
hummus, carrot, celery & cucumber & mini pita breads

Zesty Beef & Beans US\$12.60
Lemon marinated beef tips, beans, apple wedges,
goat cheese & mustard coated walnuts

Fish Taco US\$12.50
fresh catch peppers, onion, cheddar jack, breaded
& jalapeno aioli

Thai Lettuce Wrap US\$11.00
with chiffonade cabbage, carrot, cucumber,
bean sprout, sautéed peanuts & sweet chili mango sauce

Korean bbq Popcorn Chicken US\$ 9.00
with spicy bbq sauce, cilantro & sesame seed

Deep-fried Pork Belly & Wonton Crisp US\$12.80
with smoked passion fruit chili sauce

Sticky Chicken Wings US\$10.00
Honey BBQ wings with blue cheese sauce

The Body

Ridge Cobb Salad US\$14.40
organic greens, chopped tomatoes, diced ham, corn,
sliced boiled eggs, & roasted garlic oil

Black Bean Taco Salad vegan US\$13.80
shredded organic greens, black beans, corn, red onion,
crunchy roasted chick peas, diced tomato, bell peppers,
guacamole, salsa & creamy ranch dressing with nacho chips

Roasted Corn & Chicken Salad US\$10.00
Jalapeño, corn, organic greens and cilantro dressing

Greek Salad Vegetarian US\$ 9.00
Imported romaine lettuce, pitted olives, red onion,
feta cheese, herb croutons & red wine vinaigrette

Club Chopped Salad Vegetarian US\$ 9.50
honey roasted granola crumble, cucumber, carrots,
on chopped organic greens with fruity vinaigrette

Kick it up a notch

energize your salads and pastas with:

Falafel add US\$4.00

Tofu add US\$4.00

Chicken Breast add US\$4.00

Shrimp add US\$6.00

Steak Strips add US\$8.00

All prices are subject to 10% Service Charge plus
12.5% ABST for In House Guest
1.5% ABST for External Guest

The Love

Grilled Ham & Cheese Sandwich US\$10.50
with house toast, yellow cheddar, tomato & side salad

Grilled Cheese & Pulled Chicken Sandwich US\$16.10
with Cured Turkey, Melted Cheddar, Fresh Tomato, Mayo, Romaine Lettuce & House Bakery Bread

Grilled Steak & Cheese Sandwich US\$18.00
angus beef, lettuce, tomato, Parmesan, cucumber, peppers, sautéed Onions & House Bakery Bread

Roasted Zucchini & Eggplant Chickpea Wrap US\$12.00
Vegetarian
with zucchini, eggplant, sautéed onions, cabbage & toasted almond aioli

Club Panini US\$14.90
grilled chicken breast, tomato, crispy bacon, honey mustard on house toast

Lentil Quinoa Burger **Vegetarian** US\$13.50
with house buns, lettuce, tomato, fruity Dressing

Ridge Burger US\$18.00
tenderized beef, gorgonzola, caramelized onions, charred tomato, bacon & house bun

Surf & Turf Burger US\$16.50
tempura fish fingers, bacon strips, shredded lettuce, diced tomato, guacamole & spicy pink dressing on house bun

The Passion

Beef & Zucchini Stir-fry US\$22.85
with sautéed potatoes, peppers, onions & garlic aioli

Pan-fried Local Catch US\$25.00
with roasted peppers, eggplant, white rice pilaf & spicy mango coconut sauce

Roaster Half Chicken US\$20.00
roasted sweet potato mash, wilted greens & chipotle gravy

Seasonal Fruit Skewer **Vegetarian** US\$ 9.50
malibu marinated fruits & passion fruit vinaigrette

Grilled Vegetable Skewers **Vegetarian** US\$12.00
with zucchini, squash, corn, new potato, onion, peppers, tomato & sweet soy reduction

Surf & Turf Skewer US\$16.00
with grilled peppers, pineapple, chicken breast, rock shrimp & guava glaze

Savory Herbs & Roasted Mushroom Pasta US\$14.80
Vegetarian
with roasted button mushrooms, basil, feta cheese, fresh herbs & baby greens

Roasted Tomato Pasta US\$ 9.80
Vegetarian
garden fresh tomatoes & basil

Choice of Pasta