Breakfast Menu

JUICES

Fresh Pressed Juices Roots & Fruits Fruits - Apples Cantaloupe, Honey Dew, Watermelon Roots- Beet, Carrot, Ginger Vegetables, Celery, Cucumber, Kale, Spinach Apple, Pineapple, Orange or Grapefruit	US\$ \$9.00 \$3.00
Apple, Filleapple, Orange of Graperiult	55.00
Teas and Coffee	
Antiguan Bush tea	\$3.00
Freshly Brewed Coffee	\$3.50
Selection or Teas	\$3.00
Espresso, Cappuccino or Café' Latte	\$5.00
SIDES	
CRISPY BACON	\$3.00
BAKED BEANS	\$2.00
WHITE TOAST	\$2.00
WHEAT TOAST	\$2.00
BAGELS	\$3.85
ENGLISH MUFFIN	\$3.85
CROISSANT	\$3.85

MAINS

Antiguan any style Eggs, Salt fish, Okra & Johnny Cakes	\$12.00
English breakfast Crispy Bacon, Sausage, Baked Beans	\$15.00
Mediterranean omelet Zucchini, Bell Peppers, Tomatoes & Feta Cheese	\$11.00
Chorizo & Ham Omelet-Local Peppers, Onions & Olives	\$12.00
The Ridge Chocolate Chip or Plain waffles- Maple Syrup	\$ 7.00
Eggs Benedict Two Poached Eggs, Ham or Bacon Toasted Muffins & hollandaise Sauce	\$14.00
Classic Steak and Eggs with Crispy Bacon, Sausage and Breakfast Potatoes	\$17.00
Classic French toast Cinnamon Cream and Pecans	\$ 8.00
Pumpkin Pancakes-warm Tamarind Syrup	\$ 7.00
CONTINENTAL	
Bagel with Smoked Salmon and Cream Cheese	\$9.00
Cereal - Corn Flakes, Bran Flakes	\$6.00
House Baked Pastry Basket- Croissants, Muffins & Danish	\$8.00
Seasonal Fresh Fruit Plate	\$6.00
Whole Wheat Toast with Local Jam or Orange Marmalade	\$3.00
Granola, Yogurt and Seasonal Fruit Parfait	\$7.00

Plain Yogurt

\$3.00

All prices are subject 10% Service Charge and 12.5% ABST for In House Guests and 15% ABST for External Guest